

# Next Step Program Goals:



Maintain safe and stable housing



Reduce hospitalizations and emergency visits



Decrease involvement with the legal system



Improve quality of life and daily functioning



Increase independence and recovery readiness

By providing consistent, flexible support, Next Step helps participants take meaningful steps toward long-term recovery and community integration.

**Information and Access to Services:**  
**810-488-8888**

**24-Hour Crisis Line:**  
**810-966-2575**

[www.scccmh.org](http://www.scccmh.org) |

**St. Clair County  
Community Mental Health**  
3111 Electric Avenue  
Port Huron, MI 48060  
(810) 985-8900

**St. Clair County  
Community Mental Health  
Child & Family Services**  
2415 24th Street  
Port Huron, MI 48060  
(810) 488-8840

**St. Clair County  
Community Mental Health - South  
Adult Services**  
6221 King Road  
Marine City, MI 48039  
(810) 765-5010

**St. Clair County  
Community Mental Health - South  
Child & Family Services**  
135 Broadway  
Marine City, MI 48039  
(810) 400-4200

**St. Clair County  
Community Mental Health - West**  
14675 Downey Road  
Capac, MI 48014  
(810) 395-4343



# Next Step



**St. Clair County  
Community Mental Health**  
*Providing Opportunities for Health, Wellness, & Connection*

## About Next Step: ---

The Next Step program at St. Clair County Community Mental Health provides personalized, community-based support for adults who need more frequent contact with their treatment team than traditional outpatient therapy offers, but do not require the intensity of the ACT program.

Next Step helps individuals bridge the gap between higher levels of care and greater independence, offering a balance of structured support and personal responsibility to promote recovery and stability.

## Who Can Participate in Next Step? ---

Next Step is designed for individuals living with mental health conditions, substance use disorder, or intellectual/developmental disability who may benefit from regular, ongoing contact with their care team. Participants may be working toward maintaining housing, managing medications, reducing hospital visits, or building natural supports in their community.

The program supports people who are motivated to work on recovery goals but need additional structure and support to stay on track.

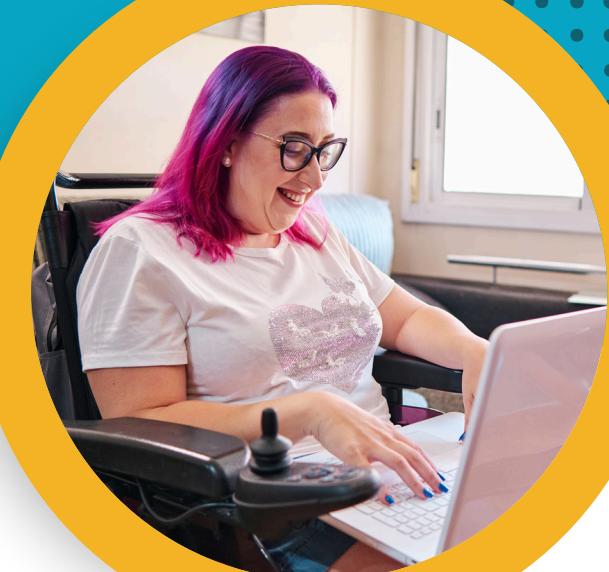
## How Next Step Can Help You: ---

The Next Step team provides person-centered services that help individuals stay healthy, connected, and independent.

### Services may include:

- Individual therapy and clinical support
- Coordination of care and community resources
- Medication education and monitoring
- Peer and recovery coaching
- Support with physical and behavioral health needs
- Skill-building to promote stability and self-sufficiency

Our approach focuses on helping each person manage symptoms, build coping skills, and strengthen their ability to live successfully in the community.



## Learn More: ---

If you think the Next Step Program might be right for you or someone you support, talk with your SCCCCMH clinician or case manager to learn more.

